

Subject: PE	Topic: Tears, tantrums and Sport	Year: KS3	Date: 1/6/20	Week: 7
Learning Activities			Communication	Supporting Sites
<p>Topic: What do you want students to know? An understanding of the emotional forces behind a sports performance and how they can impact on the individual performer</p> <p>What do you want them to produce to demonstrate learning? A range of content from written and verbal sources giving expression to their own thoughts and views</p> <p>Week 1 Learning Objective: Activity 1: Using the supporting document plus any other examples you are aware of, answer the following questions:</p> <ol style="list-style-type: none"> 1) Is crying in sport a sign of strength or weakness? 2) Is Sport just another form of entertainment? Does that mean that the spectators are entitled to expect to see the sports men and women showing a wide range of emotions when they are performing? 3) How do you react when you see sports people letting all their emotions out in full view of the cameras and the crowd? <p>Activity 2:</p> <p>Try and find at least one other person in your household who would be up for a debate about this topic. Try to keep your debate based on the following statement;</p> <p>“Cry at the end of the game... but only if you’ve won!”</p> <p>Remember, respect the other persons viewpoint, don’t interrupt or try to talk over each other</p>			<p>Key Vocabulary Tantrum; loss of control over your emotional state, usually in public</p>	<p>Resources Needed:</p> <p>The supplied supporting document If you can get some internet access click on your student dashboard on Frog and “ The Day Online” and the full article is on page 1</p> <p>Also if you can You Tube has some brilliant clips of famous emotional scenes from Sport, definitely check out John Mc Enroe</p>
			<p>Eg. Activity 2</p> <p>Depending on how you personally feel about his issue try to put together a top ten list of points you will base your debate on. Make short bullet points to help you remember eg</p> <p>Crying/screaming helps release tension and frustration OR crying screaming just gives you opponent an advantage because they can see you’ve lost focus</p> <p>People in the crowds want to see “real” humans not robots because they can relate them to their own lives OR people watching want to see “ super humans” that they can look up to and inspire them</p>	

Activity 3:

Draw a picture showing your favourite sports star in the act of celebrating a victory..

Eg. Activity 1

Before you start to answer, try to figure out what you view as strengths and weaknesses. Does crying help the performer keep their control by releasing the stress of the performance or does it show that they have lost control and are heading for defeat. If you do think that sport is just another form of entertainment could performers be faking emotions to try and get the crowd on their side? What about regular ordinary sports people who don't play in front of big crowds? Is it OK for them to let their emotions out?

One last thought, sports people generally like to win and some will do whatever it takes. Some very famous sports people have admitted to deliberately "throwing a tantrum" to try and put their opponents off their game! See if you can find some You Tube clips of a tennis player called John McEnroe who was the world No1 in the early 1980's.

You could start your answers:

"Whenever I watch sports and players get very emotional I always feel....
Uncomfortable...proud....sad.....embarrassed

"I think if people have paid a lot of money to see sports people perform then the players should let their emotions be part of their performance.... OR I feel people who like to watch sports want to see the sports action not players getting emotional because it's a distraction.....

Activity 3

Once you've decided on your favourite image, try and figure out what style of art would best suit your version. Maybe light and dark shading, pop art or perhaps give a little super hero touch with your favourite marvel character lending their mask of cape even!!