

Subject: PE	Topic: The impact of Obesity	Year: 9	Date: wb 27 <sup>th</sup> April	Week: 2
Learning Activities			Communication	Supporting Sites
<p><b>Topic: <i>The Global Impact of Obesity</i></b>  <b>What do you want students to know?</b></p> <ol style="list-style-type: none"> <li>1. <i>The issues and factors that lead to individuals becoming Obese</i></li> <li>2. <i>The impact this has on the individual</i></li> <li>3. <i>The impact this has on Society</i></li> </ol> <p><b>What do you want them to produce to demonstrate learning?</b></p> <ol style="list-style-type: none"> <li>1. <i>Considered responses to the tasks which try to involve both facts and opinions</i></li> <li>2. <i>Thoughtful ideas and strategies to try and tackle the issue both locally and Globally</i></li> </ol> <p><b>Week 2 Learning Objective:</b>  <b>Activity 1:</b></p> <p>Use the facts and figures in the article to create an eye-catching poster or infographic alerting people to this problem.</p> <p>OR</p> <p>Write a letter to your local GP which contains imaginative ideas about how the problem of obesity could be tackled in your local area.</p> <p><b>Activity 2:</b></p> <p>Write to your school leaders about what changes you would like to see made within the school to try and change the way people think and act regarding obesity.</p> <p><b>Activity 3:</b></p> <p>Is it an individual's duty to look after their own health, or the responsibility of governments and companies?</p> <p>Should a 'fat tax' be implemented on food and drink that is high in fat?</p> <p>Is the growth of Obesity really as big a threat to the world as armed</p>			<p><b>Obesity</b>  <b>Research an actual definition</b></p> <p><b>The Food Industry</b>  <b>Is it just the supermarkets or the manufacturers?</b></p> <p><b>Economy</b>  <b>How does obesity have an impact on the NHS or people having to miss work due to their overall health being affected because of obesity.</b></p>	<p><b>Resources Needed:</b></p> <p><b>Signpost to:</b>  <b>If the link below does not take you directly to the article then it can be found in your student frog dashboard under the title "The Day Online", just type obesity into the search bar</b></p> <p><a href="https://theday.co.uk/stories/obesity-as-great-a-danger-as-armed-conflict">https://theday.co.uk/stories/obesity-as-great-a-danger-as-armed-conflict</a></p>

conflict?

### **Eg. Activity 1**

**In your poster or infographic try to use words/phrase/images that will be relatable to all the people of all the communities that make up your area.**

**In your letter to your GP try to focus on the positive steps you and others in your community are already taking or that you feel would have an impact if you had access to more support from health professionals.**

### **Eg. Activity 2**

**Try to think about realistic practical changes that we could make at PK which you think could have and impact.**

**These could be linked to the availability and range of food on offer at PK, how could the prices of different foods be changed to encourage people to change their choices?**

**Also try to offer some ideas to get more people more active both before, during and after their time at PK**

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### **Activity 3**

**Imagine that you are involved in a discussion with a friend or family member who does not agree with your views on obesity. ( That will depend on your own personal opinion on this issue! )**

**Rather than it just becoming an argument, what convincing words and phrases combined with facts you have learned would you use to try and bring them round to your way of thinking?**