



Kennedy Chronicles – The Bridge

We believe that a strong partnership between home and school is vital for helping young people navigate the modern world safely. This termly newsletter outlines the upcoming topics in our Relationships, Sex, and Health Education (RSHE) curriculum.

Our goal is to provide students with factual, age-appropriate information to help them make healthy, informed, and safe choices

Weekly Tutor times this term

Mondays – Bridge Assembly

Tuesdays – Pride and Check Ins

Wednesdays – Tutor Curriculum

Thursdays - Tutor Curriculum

Fridays – Reading for Pleasure (The Wrong Shoes)

Key Dates

14th Sept – Online Safety presentation from South West Grid for Learning.

6th Oct – Settling In Evening – Parents and students to meet with tutors

Wk beginning 19th Oct – Kindness Campaign

24th Oct to 1st Nov – Half term

8th Nov – Diwali Celebrations

11th Nov – Remembrance Day (Poppies for sale throughout the week before)

27th Nov - INSET day (no school for students)

7th Dec – Celebration assemblies - A half 10.00am and B half 1.30pm

17th Dec – Cultural Clothes/Christmas Jumper day for Zoe's Place

18th Dec – Christmas Festive Morning

Topics to be covered during tutor times

These are planned sessions and may be adapted or changed depending on the needs of the students throughout the term.

Month	Summary of topics to be covered	Links to resources
September	Expectations, Goal setting, Student leadership,	
October	Developing friendships, Showing empathy and compassion.	NSPCC: Talk Friendships
November	Ensuring good mental health and well-being, Identifying and challenging bullying Inclusion and diversity	Wellbeing: Healthy Habits
December	Importance of community and belonging	

Useful Websites

Kooth - <https://www.kooth.com/> Kooth is a free, safe, anonymous online mental health

service for young people that is accessible 24/7, 365 days of the year.



Young Minds - <https://www.youngminds.org.uk/> Mental health charity for young people.

Unifrog - <https://www.unifrog.org/> It helps students explore the worlds of work and education, and find the best next step to realise their aspirations.