

Dates for your Diary

Monday 13th November GCSE Autumn Resits: Maths - 8am to 11:25am
Tuesday 14th November - Year 7 Settling in Evening, The Bridge, 3:30-6:15pm
Wednesday 15th November - Careers Fair 9am to 3pm Years 9, 11 and 13



Dear Parents, Carers and Students,

It has been very humbling welcoming former President Kennedy School students Cadie and Nasim back into school as part of our exciting Alumni association. We are so proud of these students and I have no doubt that they will inspire the next generation in Year 11 and Post 16.

The Year 7 Shakespeare cast have been busy rehearsing for their performance at The Belgrade Theatre - Good luck all! Shrek auditions have also been launched in The Bridge this week too.

Well done to Miss Forbes Jones who was so brave in completing her sky dive for such a great cause. It was a lovely community fund raising activity and thank you to Miss Forbes Jones for her support.

Wishing you all a great weekend,

Ms Rooke, Headteacher

Former Student Working at the BBC Talks to Media Studies Students

On Wednesday 25th October, the Media Studies department were thrilled to invite former President Kennedy School student Caidie Samra, who came in to speak with Year 10 and 11 students about her job at the BBC.

After a successful internship with the BBC last summer, Caidie now works as a Finance Co-ordinator for the Content Investment department of BBC Studios, handling the financial, legal and operational side of television production investments of up to £100,000!

Caidie's presentation covered the values, funding model and scope of the corporation, which was not only fascinating, but also helped to deepen students' knowledge of the television and radio industries which feature on their GCSE course.

We also got to hear about some amazing opportunities Caidie has had since starting with the BBC, including seeing celebrities and visiting famous television sets.

Caidie's talk was really encouraging for our students to see that they too are capable of achieving very successful futures in Media.

Her top tips for Year 11, who are already thinking about their next steps after GCSEs were to start building up their portfolios of experience, seek out opportunities to network, and to 'be proactive, critical, and most importantly resilient'.

We are very grateful for Caidie's time and encouragement, and we hope she will come and visit again soon!

Ms Stentoft, Leader of Media Studies



Former Student Talks about Degree Apprenticeships



On Wednesday 8th November Post 16 held an information session on Degree Apprenticeships ran by one of our former students, Nasim Sherif.

Nasim is currently studying for an Apprenticeship degree with DHL. Degree apprenticeships are a type of apprenticeship programme which allows students to earn a full bachelor's degree. They combine working for an employer in a professional environment with part-time study at a university.

Just like other types of apprenticeship, there are no tuition fees and you'll be paid a wage. This means that you could achieve a full bachelor's degree without any student debt.

Degree apprenticeships are extremely competitive, so Nasim came in to speak with Post 16 students to share his insights on how to apply for these courses. Post 16 students found his experiences and advice invaluable, and we hope to invite Nasim back later this year as part of our Alumni programme to guide students with their applications.

Mrs Mitchard, College Director Post 16



'Nothing is But What is Not...'



Students in The Bridge have been working incredibly hard over the last few weeks on their performance of "Macbeth".

This is part of the Shakespeare Schools Festival which is being held at The Belgrade Theatre on Monday 27th November.

It enables young students to celebrate the works of William Shakespeare in a practical way

and allows them to perform on a professional stage in a professional theatre.

"The cast this year have been fabulous, and I am really looking forward to seeing all their hard work put into practice when they perform at The Belgrade on the 27th November!"

Mrs Arnett, Student Leadership and Character, The Bridge



Skydive for Dementia UK



Miss Forbes-Jones took part in a skydive for Dementia UK during half term. £1270 has been raised overall for the charity - an amazing achievement that the pupils at President Kennedy School have been involved in.

A massive thank you to 8AFJ who went round every tutor time and lunch time with the 'turtle raffle' for two weeks.



Charity Ambassadors Raise Money For Poppy Appeal



The Charity Ambassadors have been selling poppies to raise money for The Royal British Legion Poppy appeal.

The money goes to support the Armed Forces Community.

This is specially important to me as my grandfather fought in Japan to free Allied forces in World War II.

Muhammad 7 Liverpool



REMEMBRANCE DAY
LEST WE FORGET



Mental Health in Schools Team (MHST)

Parent/Carer Tips for Wellness:

MANAGING ANXIETY AROUND SCHOOL

School is a place where young people often experience anxiety for several reasons. Some people may worry about making friends or fitting in, have difficulty understanding school work, or feeling exam pressure.

School-Related Anxiety Warning Signs:

- Not sleeping well
- Feeling sick or complaining of butterflies in their stomach
- Not wanting to get out of bed in the morning
- Increased anger or upset at school or home

More information about self-soothe boxes!



It is common that young people show symptoms of school-related anxiety in evenings or early mornings before school. The first step to supporting your child is to understand what is causing these feelings.

Top tip: Some children may find it difficult to be asked direct questions about their feelings. Try creating a mind map with them about school, including everything that is on their mind.

Strategies to Try at Home:

Keep a record of patterns in behaviours to share with the school's Mental Health Lead

Create a self-soothe box with items that your child finds relaxing

Breathing exercises

Create a morning routine

Recognise small achievements

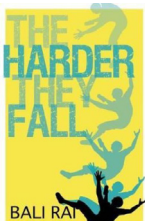


The Library

At President Kennedy School

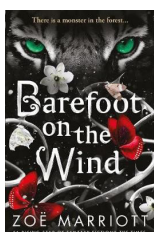
FANTASTIC BOOKS AND WHERE TO FIND THEM...

This week the Library's recommended reads are...



***The Harder They Fall* by Bali Ra**

Cal's family are proud to live in an 'analogue' world - no wifi in their house, just an ancient black-and-white TV. At school, Cal has no choice but to live in the 21st century, coping with a range of bullies and chancers on a daily basis. When Cal's mum decides to 'rebalance' the family with a stint as volunteers at a local food bank, Cal inadvertently discovers new kid Jacob's secret, and Jacob flips.



***Barefoot on the Wind* by Zoe Marriott**

A magical retelling of Beauty and the Beast set in a fairy-tale Japan. There is a monster in the forest... Everyone in Hana's remote village on the mountain knows that straying too far into the woods is a death sentence. When Hana's father goes missing, she is the only one who dares try to save him. Taking up her hunting gear, she goes in search of the beast, determined to kill it or be killed herself. But the forest contains more secrets, more magic and more darkness than Hana could ever have imagined, and the beast is not at all what she expects...

Both books are available to borrow from the School Library.

Library Staff