

Our Bridge PRSHE Curriculum

From the moment that pupils begin their journey in the Bridge at President Kennedy, they will be exposed to our 'Three Strands' PRSHE curriculum, which enables students to become successful, happy, and well-rounded young adults who are ready to thrive in the wider world. The aim of our curriculum is to instil students with the skills and characteristics needed to make confident and informed decisions about their health, mental wellbeing, and relationships. The PKS 'Three Strands' curriculum is centred around three principal threads: **Living in the Wider World**, **Keeping Safe and Healthy** and **Student Leadership and Service**. At President Kennedy, our PRSHE is primarily delivered during morning tutor times, led by the student's tutor, who takes a principal role in pastorally supporting their tutees through positive relationships, as well as being part of class discussions in students' main curriculum subjects. In our curriculum, we have ensured that there are opportunities for verbal discussions and for pupils to consider applicable real-life scenarios so that they can reflect upon and apply the knowledge that they have gained.

Through our PRSHE curriculum, which aligns with the recent Government Statutory Guidance, we aspire to support our pupils to develop resilience, emotional awareness and to know when and how to ask for help, as well as know where they can access support.

