

## Sport and Physical Education Opportunities- Spring Term 2014

	School Day	Afterschool & Evening	
<b>Monday</b>	Boys Basketball (All Years)(7:30am) Girls Football (Y7, Y8, Y9)(Lunchtime) Hockey (Cov Blaze) (Y7) (Lunchtime) Multi-Gym (All Years) (Lunchtime)	<b>Girls Netball Academy (All Years)(3:15–4:30pm)</b> <b>Boys Rugby Academy (All Years)(3:15–4:30pm)</b> Boys Football Training (Y7)(3:15–4:30pm) Boys Football Training (Y9)(3:15–4:30pm)	Girls Fitness Training (All Years) (3:15-4:30) Football training (Midland Pro Soccer – Y7, Y8) (4:45-7:45pm) Learn to Swim (All Years)(4:00-7:30pm)
<b>Tuesday</b>	Girls Basketball (Y7)(Lunchtime) Boys Cricket (Y10)(Lunchtime)	<b>Girls Football Academy (All Years)(3:15–4:30pm)</b> Boxercise (Y7-9, Parents) (5:00-6:00pm) Boxercise (Y11, Y12, Y13, Parents)(6:00-7:00pm) Canoeing (All Years, Parents)(7:45-8:45pm)	<b>Dance Academy (Y10-13) (3:15-4:30)</b> Learn to Swim (All Years)(4:00-6:30pm) Godiva Academy Perf Arts (All Years)(4:30-6:30) Lifesaving Course (Y8-13, Parents) (7:00-9:00pm)
<b>Wednesday</b>	Boys Cricket (Y9)(Lunchtime) Judo (All Years) (Lunchtime)	Learn to Swim (All Years)(4:00-8:00pm) Basketball (All Years)(3:15-4:30pm) <b>Dance Academy (Y7-9) (3:15-4:30)</b>	Judo (All Years)(6:00-7:00pm) Yoga (All Years)(7:15-8:15) Learn to Swim (Parents)(8:00-9:00pm)
<b>Thursday</b>	Gymnastics (All Years)(Lunchtime) Trampolining (All Years)(Lunchtime) Boys Cricket (Y7)(Lunchtime)	Boys Football Training (Y8)(3:15–4:30pm) Boys Football Training (Y10)(3:15–4:30pm) <b>Swimming Academy (All Years)(3:30–4:30pm)</b> Table Tennis (All Years) (3:15 – 4:30) Badminton (All Years) (3:15 – 4:15)	Swim - Parent and toddler swim (4:45-5:45pm) Trampolining (All Years) (5:00-6:00 & 6:00-7:00) Water Polo (All Years)(6:00-7:00pm) Swim-Casual Swim (All Years, Parents)(7:15-8:00) Swim-Adult Swim (Parents)(8:00-8:45pm)
<b>Friday</b>	Boys Cricket (Y8)(Lunchtime) Judo (All Years)(Lunchtime)	<b>Girls Basketball Academy (All Years)(3:15–4:30pm)</b> <b>Boys Cricket Academy (All Years)(3:15–4:30pm)</b> <b>Dance Academy (Elite) (3:15-4:30)</b>	Inter-form Football (Y9) (3:15-:4:30) Rock Climbing Club (All Years) (3:30-4:30) Learn to Swim (R-Y6)(4:00-5:00pm)
<b>Saturday</b>	Learn to Swim (All Years)(9:00-11:30am) Learn to Swim (Parents)(11:45am-12:45) Ladies only Learn to Swim (Parents)(12:50-1:50pm)		
<b>Sunday</b>	Swim – <b>Adult</b> Swim (Parents)(9:15-10:00am) Swim – Fun Swim (All Years, Parents)(10:15-11:00am)		

**In addition to our standard offer there are regular fixtures, tournaments and competitions in all sports in all years.**

If you would like more information or to take part in any of our fantastic opportunities please contact Polly Blunt on:

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